

**MOTIVATIONAL INTERVIEWING  
WITH CONSUMERS WHO HAVE CO-OCCURRING DISORDERS**

**DATE & TIME:** September 2 & 9, 2015 1:00 PM – 4:15 PM  
(ATTENDANCE BOTH DAYS IS MANDATORY)

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** Superior Court of California  
600 S. Commonwealth Ave, 2nd Floor Room 113  
Los Angeles, CA 90005

**PARKING:** Free parking at DMH Parking Structure (2 block walk)  
523 Shatto Place (floors 3-8), Los Angeles, CA 90020

The concept and techniques of Motivational Interviewing (MI) are generally accepted, but how can you be sure that you are using your MI skills to their full potential? Can MI be used effectively with consumers who have a serious mental illness? This training will provide an overview of MI theory and techniques with a focus on how to modify core principles of MI when working with individuals with co-occurring substance use and mental health disorders, specifically serious mental illness. Through role-plays, exercises, and discussions of clinical vignettes provided by the audience, participants will practice how to use MI with consumers with co-occurring disorders.

**TARGET AUDIENCE:** ADULT FSP and FCCS DMH directly operated and contract providers ONLY

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Define at least three components of the Motivational Interviewing spirit/style and how they are important for engagement and building rapport
2. Describe at least three micro-skills employed during Motivational Interviewing that can help consumers increase motivation for changes related to their substance use
3. Describe at least three strategies to accommodate cognitive impairments that can affect consumers with co-occurring disorders
4. Identify at least two techniques to explore, amplify, and resolve ambivalence to change
5. Demonstrate the ability to recognize, elicit, and reinforce change talk
6. Explain at least two techniques to manage consumer resistance and enhance motivation for change.

**CONDUCTED BY:** UCLA Integrated Substance Abuse Programs

**COORDINATED BY:** Adult System of Care – MHSA Administration  
Emi Bojan [EBojan@dmh.lacounty.gov](mailto:EBojan@dmh.lacounty.gov)  
Stephanie Maruska [SMaruska@dmh.lacounty.gov](mailto:SMaruska@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING  
EDUCATION:** 6 BBS, BRN, CAADAC  
CE for Psychologist

**COST:** NONE

DMH Employees complete  
attached training application

Contract Providers complete  
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General

# Motivational Interviewing with Consumers who have Co-Occurring Disorders

**Registration Form – September 2, 2015 and September 9, 2015**  
**Superior Court of California**  
**600 S. Commonwealth Ave.**  
**2<sup>nd</sup> Floor, Room #113**  
**Los Angeles, CA 90005**

Please complete the registration form and e-mail it to [jhsinks@ucla.edu](mailto:jhsinks@ucla.edu) or fax it to Jessica's attention at (310) 312-0538. **Registration forms WILL NOT be accepted without supervisor's signature.** A confirmation email will be sent 1-2 days upon receipt of your registration form. *If completing this form by hand, please **print** clearly.* Contact Maria Castro by phone (310) 267-5398 or e-mail, [mcbacca@ucla.edu](mailto:mcbacca@ucla.edu), if you have questions, special needs, or need additional information to register for this training.

<b>First and Last Name:</b>		
<b>Date:</b>		<b>Degree(s):</b>
<b>Program, Service or Agency:</b>		
<b>Job Title:</b>		
<b>Mailing Address:</b>		
<b>City:</b>	<b>State:</b>	<b>Zip Code:</b>
<b>Phone Number:</b>		<b>Fax Number:</b>
<b>E-mail Address:</b>		
<b>Supervisor's Approval</b> Print Supervisor's name		<b>Type (s) of continuing education credit needed*:</b>
Supervisor's Signature		<b>License or Certification Number**:</b>

\* Continuing education choices include: **LMFTs, LPCC, LEPs, and LCSW** (CA BBS); **RADT I/II, CADCs-CASs, CADCs I/II, and LAADCs** (CFAAP/CCAAP), **CATCs** (ACCBC/CAADE); **Psychologist** (APA) (**LPT**); **Registered Nurse** (CA BRN) (**LVN**).

\*\* License number is required for psychologists and registered nurses.